

MALINCHE SUMMIT – Unlimited Experiences

Duration: (2 Days / 1 night)

Difficulty: High

Mode: Mountain expedition with camping

Mountain challenge and deep connection with nature

La Malinche, also known as Matlalcuéyatl, is one of the most iconic mountains in central Mexico, with an approximate elevation of 4,420 meters above sea level. This experience is designed for people with good physical condition who are looking for an authentic mountain challenge, accompanied by certified guides and with a strong focus on safety and enjoyment of the natural environment.

Mountain specifications

- Mountain refuge: 3,100 meters
- Sandy slope (Arenal): 3,800 meters
- Summit: 4,461 meters (highest point reached)

Route specifications

- Hiking time: 8 to 9 hours
- Distance: 14 to 16 km total
- Elevation gain: 1,391 meters
- Elevation loss: 1,391 meters
- Minimum altitude: 3,100 meters
- Maximum altitude: 4,461 meters

Malinche (Summit) Highlights

- Ascent to one of the highest mountains in central Mexico
- La Malinche National Park
- High-mountain camping experience
- Night hike toward the summit
- Panoramic views of Popocatepetl, Iztaccíhuatl, and Pico de Orizaba (weather permitting)
- Expert-guided mountain experience
- Ideal for adventurers, couples, and small groups

Itinerary

Day 1 – Approach and camp

- Pick up at your hotel or Airbnb in Puebla
- Transfer to La Malinche National Park (approx. 1.5 hrs)
- Arrival at IMSS Mountain Refuge (3,100 m)
- Equipment preparation, trekking pole adjustment, and general briefing
- Start of the hike toward the Arenales area (3,800 m)
- Ascent through high-mountain forest and volcanic trails
- Arrival at the camping area
- Camp setup
- Lunch included and hot beverage
- Preparation of the summit attack backpack
- Free time for rest and acclimatization
- Dinner included
- Early rest

Day 2 – Summit push and return

- Early wake-up (approx. 4:00 a.m.)
- Light warm-up
- Start of the ascent toward the summit
- Arrival at La Malinche Summit (approx. 4,420 m)
- Time for rest, photos, and enjoying the landscape
- Descent back to the camp
- Lunch included during the descent
- Camp breakdown
- Continue descending to IMSS Mountain Refuge
- Transfer back to Puebla
- Drop-off at your hotel
- End of the experience

Description

The experience begins with transportation to La Malinche National Park, where we start hiking toward the Arenales area, crossing high-mountain forests and volcanic trails. After setting up camp, participants spend the night on the mountain to acclimatize and prepare for the final ascent. At sunrise on the second day, we begin the summit push, reaching one of the highest points in central Mexico. From the summit, the views reward every step. A challenging, authentic, and deeply transformative mountain experience.

View photos of the experience

<https://drive.google.com/drive/folders/1-tPCeZeND5JjkodAXIS63Si134QIt33E?usp=sharing>

Unlimited

EXPERIENCES

Includes

- Round-trip transportation from Puebla or Cholula
- Access to La Malinche National Park
- Host and certified mountain guides
- Trekking poles and helmet
- Camping equipment (tent)
- Meal plan during the experience
- Hydration and snacks
- Accident insurance

Not Included

- Personal expenses
- Tips
- Entrance fees, food, or drinks not mentioned in the itinerary

Recommendations

IMPORTANT: BRING A SLEEPING BAG AND SLEEPING PAD

- Mid/high-mountain hiking boots (no sneakers)
- Thermal clothing and waterproof jacket
- Small backpack for water, snacks, and an extra jacket
- Bring at least 2.5 liters of water per day for the trek
- Snacks to eat during the hike
- Long-sleeve shirt and trekking pants/leggings (no jeans)
- Gloves, beanie, and buff
- Sunglasses and sunscreen

Book the experience here

<https://unlimitedpuebla.com/producto/malinche-cumbre-2-dias>

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📞 +52 1 22.24.52.37.38

✉ info@unlimitedpuebla.com

www.unlimitedpuebla.com